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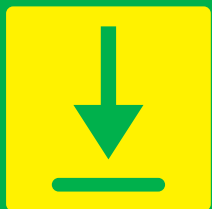
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# REVERSE MOVEMBER

CTV's Spence shaves the 'stache **metroNEWS**



# Calgary metro



**CHRISTMAS  
MUSIC  
ALREADY?**  
**metroLIFE**

Your essential daily news | MONDAY, NOVEMBER 2, 2015

High 5°C/Low -3°C Rain and snow



# Trudeau's cabinet

The hopefuls, the likelies, the power players and a few long-shots



Harjit Sajjan



Chrystia Freeland



Jody Wilson-Raybould



Ralph Goodale



Catherine McKenna



Stéphane Dion



Carolyn Bennett



Kent Hehr

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# Drivers should pay their way out of traffic: Report

## HIGH OCCUPANCY TOLLS

**Foundation says city would gain \$76M in yearly revenue**



**Helen Pike**  
Metro | Calgary

We've all been in a traffic jam, not going anywhere, resenting those around us for making us late to appointments, work and play. But if an economist told you there's a way out, a way to escape congestion — for a price — would you pay it?

The Ecofiscal Commission has released a report on pricing traffic congestion for Canadian cities, including Calgary. The 60-page report details many models towards putting a price on roads to better deal with congestion. For Calgary, they are recommending a High Occupancy Toll (HOT) lane pilot.

HOT lanes are an opt-in toll lane that allow users to use the lanes if they have enough occupants, or pay to use the lane if they don't qualify as carpoolers.

"Other cities have found that giving single drivers the choice to opt-in to the carpool lane for a fee makes those lanes more efficient and gets the entire highway moving faster," said commission chair Chris Ragan in a release. "Everyone benefits."

These lanes are high-tech and are now being implemented with cameras that can count vehicle occupants as well as take your licence plate information to link up to an account with a credit card. This means police don't have to physically enforce their use.

Coun. Shane Keating said he's all for adding HOV lanes to Calgary roads, as long as they aren't straight up tolls.

"What I mean by that is if we had an HOV lane, which of course are high occupancy vehicle lanes, and those who drove in that lane ended up having to pay a toll if they were under the two passengers



**A new study suggests that if Calgarians want to avoid messes like this on the Deerfoot, they should be prepared to pay to avoid congestion on major highways.** THE CANADIAN PRESS FILE

then I would be in favour of it," he said.

In the past the Manning Foundation has suggested the city introduce the HOV lanes, but Keating said it's not that simple for Calgary to switch up Deerfoot or even Stoney Trail to include the lanes because they are run by the province and not municipally.

Toll roads also aren't currently allowed in Alberta, according to the report, so the city would have to work with



**Calgarians should have the opportunity to put pricing to the test, experience the results, and decide if it makes sense.**

Chris Ragan

the province to change legislation.

Keating also added the only way to have these lanes on Calgary's major roadways, like Deerfoot, would be to add an extra lane, ensuring it has at

least three if not four lanes of traffic, at all times to combat certain pinch points.

These tolls if implemented could help fund future projects, including transit and infrastructure. According to

the report by the Manning Foundation the lanes could result in \$76 million in annual municipal revenues and private benefits of over \$500 per vehicle.

"Calgarians should have the opportunity to put pricing to the test, experience the results, and decide if it makes sense," says Ragan. "We need to get Canada's cities moving and that won't happen without a serious conversation about congestion pricing."

## FENTANYL TREATMENT

**AHS plan may add new spaces for addicts**



**Jeremy Simes**  
For Metro | Calgary

As the province gears up to fight the fentanyl crisis, one program — in particular — plans to encourage more doctors to prescribe methadone and suboxone to treat addicts.

The province has selected six needle exchanges to dispense naloxone as part of a different program aimed at preventing overdoses associated with fentanyl use, but there has not yet been an expansion of the program to treat users for addictions.

Methadone and suboxone satisfy cravings but aren't euphoric.

Fewer than 100 Alberta physicians prescribe those drugs, and many of them don't specialize in that practice — patients can often be challenging, among other reasons, said Ed Jess, director of prescribing and analytics at the College of Physicians & Surgeons of Alberta.

On top of that, senior decision-makers with the province's health authority are reviewing a proposal to add new treatment spaces for those addicted to opioids, including fentanyl.

Dr. Laura Calhoun, Alberta Health Services' (AHS) provincial medical director for addictions and mental health, couldn't provide more details about the proposal, which has yet to be accepted by AHS executives.

"Opioid misuse is a major concern," she said. "We are doing all we can to reduce harm, and we think we need short-term, medium-term and long-term plans to get on top of this."

Jess said he's thrilled there's an opportunity for more treatment options to become available.

Calhoun said she's not sure when she'll hear back on the proposal from executives, but hopes it gets approved.

"We hope to get it approved because we can move forward and improve access to opioid dependency treatment," she said.

There have been 145 fentanyl deaths in Alberta this year.





Mark Sims, left, spent the last few months of his life working on an album about his experience being homeless. COURTESY JORDAN HAMILTON

# A home, a voice, a legacy

## MUSIC

### Homeless artists find Shelter from the Storm



Aaron Chatha  
Metro | Calgary

Mark Sims spent the last few months of his life contributing

to what would be his legacy — an album called Shelter from the Storm, a Calgary Drop-In project where members of the Calgary homeless community shared their stories in song to break stereotypes and stigmas around homelessness.

The completed album is now available on iTunes, but Sims will never see it in its final form — he passed away a few weeks before the release.

“That was a big heart-breaker for all of us,” said Michael Frisby, project managing producer.

Sims had a pre-existing heart condition.

“He eventually got to the point where he built spiritually so much through the process of the project, and he wanted so bad to live, that he made a decision to face up to this impending surgery where there was a risk of death.”

“Not Mark or any one of us knew when we started the project that it would be last six months of his life. The fact that he got to do that, what he does best and loves, and we got

to share that with him, it’s an amazing gift. As a result of that, we now have a permanent record of this beautiful man.”

The project was initially only funded for five songs to be performed at the Drop-In Centre, but ended up becoming a full album of 12 available online.

The project was also expanded into a web series, available on the Telus Optik Local Youtube channel. It follows the lives of several of the album’s contributors.

Frisby said they had tried to

get the project off the ground for several years before they were given the funding.

## + ALBUM DROP

### Shelter from the Storm now available online

The album is on iTunes, Google Play, Sound Cloud and other major online music stores. It can be heard at [www.shelterfromthestorm.thedi.ca](http://www.shelterfromthestorm.thedi.ca).

## COUNCIL

### Carra: Stay out of camps

Ward 9 Coun. Gian-Carlo Carra is imploring residents of Inglewood not to enter homeless encampments to reclaim allegedly stolen items.

“There’s a lot of danger that can come to pass,” he said. “You can hurt yourself stumbling into who-knows-what in the way of drug paraphernalia, puncturing yourself on needles — or you could have an altercation with people who have a lot less to lose than you do.”

Last week, a few residents of Inglewood entered an encampment, took pictures and took back a stroller that a resident claimed was stolen from them. Cheryl Meyers said she won’t go back in the encampment again, but due to the recent outbreak of what she identified as daily thefts, she would make her feelings known.

“If we go by there and see that the campers are back, we will go by there and let them know we see each other, and we don’t want you there.”

Meyers said she understands police resources are limited, but she noticed a growing number of homeless in the area and is becoming frustrated that the encampments have not been cleared out.

AARON CHATHA/METRO

## IN BRIEF

### Woman dead after single-vehicle rollover

A woman is dead after the sedan she was in rolled over near Turner Valley on Sunday. Shortly before noon, paramedics from Priddis and Black Diamond responded to 272 Street where they found an overturned sedan.

According to EMS, given the injuries she sustained, the woman was declared dead on scene. METRO

### Man hospitalized after Beltline knife attack

One man was taken to hospital early Sunday morning after he was attacked with a

knife by another man in the Beltline. The victim was driven to hospital in serious but non-life-threatening condition, police said. METRO

### Man seriously injured after Olympic Plaza altercation

One man was sent to hospital after paramedics found him

seriously injured downtown. At 4:30 a.m., EMS responded to reports of an injured man near Olympic Plaza. The man is now in stable, non-life-threatening condition. Prior to the arrival of paramedics, the man was involved in a serious altercation, police said.

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## STARTUP ACCELERATOR

## Program picks element sensor



**Aaron Chatha**  
Metro | Calgary

Local Calgary start up FRED-Sense is now spending two months in California, as part of a program to expand its product reach from the oil sands of Alberta to affect one billion people worldwide.

The first ever Accelerator program through Singularity University, a think tank in the NASA research park, has selected 10 companies from around the globe to help it develop its technology.

FREDSense's technology in this case is a portable sensor that detects different elements within water.

"I think what they liked about us is that we had an interesting approach to be able to solve a whole bunch of problems," said CEO Emily Hicks.

Hicks started FREDSense with a group of graduates and undergraduates at the University of Calgary. They originally formed the group to take part in an MIT challenge. Since then they have won a number of international awards.

Their sensor is tuned to detect heavy metals like copper, zinc and arsenic in water. They are aiming to test its industrial applications through a pilot study.

Hicks said the product was most likely selected for the program because it can be tuned to detect whatever compounds they want, such as looking for pesticides in drinking water.

Hicks feels that FREDSense has the potential to affect a billion people worldwide, which is one of the criteria Singularity University was looking for.

"It feels pretty amazing (to be selected) actually," she said. "I didn't really realize how many companies actually applied to this and how big a deal it was until we were really down there. It's a really exciting group to be in, because we're the only Canadian company there."

Hicks said her team's lab is in Alberta and they hope to continue to grow the company locally.



**I didn't realize how many companies actually applied to this.**

FREDSense CEO Emily Hicks

# Forecast is sunny — with a chance of clippers

## MOVEMBER

## Weatherman shaves 'stache after revealing cancer battle

**Brodie Thomas**  
For Metro | Calgary

When CTV Calgary weatherman David Spence found out he had prostate cancer in November of 2012, he mainly kept the news to himself.

A few of his bosses knew, his family, and the doctors — per-

haps two dozen by his count.

There was a reason for this. Besides being a private person, Spence said he needed a break from the thoughts of cancer that weighed on his mind.

"I didn't tell people at work because I wanted a place where I could interact with people every day who didn't know, wouldn't talk about it, and I could think about other things."

Almost three years to the day after wrapping up his treatment, Spence chose to go public because he wants to raise awareness about prostate cancer — and maybe raise a bit of money, too.



**If you're a man and you're over 40 — get yourself tested because it's early detection that will save your life.**

Weatherman David Spence

And that is where Spence's moustache comes in.

For many celebrities who rose to fame in the '80s, their moustache has become a part of their image. And Spence's 'stache is no different.

Its growth started as a workplace competition in 1985 with a co-worker.

"He kinda gave up the week after starting," said Spence,

"and I still have mine 30 years later."

Spence knew the Movember movement was a perfect fit for his plan to go public. He is registered at ca.movember.com, and said he had raised more than \$2,000 before Nov. 1.

His plan is to grow back his moustache in 30 days. His longtime hairdresser, Anne Marie Richardson, got to shave it off

first, though, on live TV Friday evening.

She said his moustache is a pretty big part of his image.

"Everyone knows David by his moustache, and I get calls all the time about David, and his moustache, and when he needs a haircut," said Richardson.

For Spence, it's all about getting a message across to men in the city.

"If you're a man and you're over 40 — get yourself tested because it's early detection (of prostate cancer) that will save your life. If you leave it too late, it could be too late to successfully treat."



**Hairdresser Anne Marie Richardson Takes gives CTV Calgary weatherman David Spence a trim after she shaved off his 30-year-old moustache on live TV. Spence is taking part in Movember after he went public about his own battle with prostate cancer.** BRODIE THOMAS/METRO

## MENTAL HEALTH

## Lack of resources strains Alberta hospitals, shelters



**Jeremy Simes**  
For Metro | Calgary

As more Albertans with mental-health issues flood acute-care hospital beds, wait times for those beds have also increased, prompting officials to note the lack of housing resources for mental-health patients.

In Calgary, there were 8,150 and 7,798 mental-health discharges from acute-care hospitals in 2014-15 and 2013-14, respectively — a 4.5 per cent

increase over the course of one year.

On average, Calgary Zone patients are waiting 9.5 hours in the emergency department before being admitted to hospital beds, up by 0.4 hours from last year's Q1 wait time of 9.1 hours.

On a yearly basis, patients waited — on average — 9.1 hours before being admitted to a hospital bed in 2014/15, up an hour from last year's annual average wait-time of 8.1 hours.

Rick Lundy, founder of Open Arms Patient Advocacy Society, said the increased in-take

of mental-health patients is part of the reason for longer wait times.

"Mental-health patients are still a big problem (for wait times)," Lundy said. "(The government) does not have the resources it needs to deal with mental illness, so (mental-health patients) end up in emergency rooms."

AHS said there is no single reason it can attribute to the increase of mental-health discharges.

However, Dr. Francois Belanger, vice-president and med-

ical director for the Central and Southern Alberta Zones with AHS, said lack of community resources, particularly housing, for mental-health patients has played a role in the increase of mental-health patient in-take for acute beds over the year.

"Folks with mental health issues are seeking more treatment," Belanger said. "Some (mental-health) patients occupy acute beds because they can't get proper housing."

Debbie Newman, executive director of the Calgary Drop-In & Rehab Centre, said shelters

are also feeling the influx of more mental-health patients seeking care.

"There's not enough places for (mental-health patients) to go, so many deflect to the shelter system," she said. "Sometimes hospitals ask us to take patients in, but they're not aware of the strains on our system."

Belanger said the health authority is doing its best to address the issue, noting the government's mental health review is looking into in-patient support services.

# Sporty new kids' books

## PHYSICAL ACTIVITY

### Author hopes her stories move readers



**Jeremy Simes**  
For Metro | Calgary

When Lisa Bowes was shopping for a children's book for her two-year-old daughter, Rachel, there wasn't much to choose from in the unique sports aisle.

So, Bowes took it upon herself to create the Lucy Tries Sports series — a trio of works that are geared to get wee ones active and give them some knowledge about sports they may not know much about.

Part of her inspiration for came from recent stats that show kids aren't playing — or getting active — as much as they used to, she said, adding the series is built around High Five Canada's principles of healthy child development.

"I hope it encourages (parents) to get and keep our little kids moving for the rest of their lives," said Bowes, who authored the books that were illustrated



**Lisa Bowes flanked by Olympians Kim McRae and Tristan Walker. All three will be at Indigo at Signal Shopping Centre, 1 to 4 p.m. Saturday, for Bowes' new book, Lucy Tries Luge. CONTRIBUTED**

by James Hearne. "If Lucy can do something like this, then they can do it, too."

The first book — Lucy Tries Luge — has already launched and, following that, kids will be able to read Lucy Tries Short Track and Lucy Tries Soccer in January and May, respectively.

Bowes, a long-time sports reporter and anchor whose resumé includes reporting on women's hockey at the 2010 Vancouver

Winter Olympic Games for CTV, said she'd scratch down a bunch of story concepts once she went off-air.

"I had these 'eureka' moments," she said.

But since those early brainstorming days, it's taken Bowes seven years to see her ideas put to paper — quite the journey, she said.

"James Hearne (the illustrator) made me cry when he showed

me his drawing of Lucy," she said. "It was like, 'Wow, she's alive.'"

Bowes has visited a few schools since launching Lucy Loves Luge and heard from kids what Lucy should do next.

"I've heard everything from Lucy should try tetherball to snowboarding," she said. "But soccer is still the big one, and they're excited about that."

You can learn more about Lucy at [lucytriesports.ca](http://lucytriesports.ca)

## CALGARY INTERNATIONAL

### Royal rumble erupts over airport's name



**Aaron Chatha**  
Metro | Calgary

The latest petition to rename the Calgary International Airport strikes close to the 'Hart' of the New West.

A new petition on Change.org suggests the airport should be named after professional wrestling icon Stu Hart.

It has garnered the attention and signatures of other WWE greats such as Chris Jericho, and Stu's son Brett Hart.

As of Sunday, the petition had over 2,500 signatures.

It's been over a week since Curtis Mullen started his on-

line petition to rename the Calgary International Airport after Stephen Harper, and it's inspired many spin off petitions, some of which Mullen said he respects.

"There are numerous famous Calgarians that have done a great deal to make the City of Calgary what it is today," said Mullen.

"I personally feel that since Canada has a tradition of naming airports after prime ministers, the Calgary airport should be renamed after only the longest and most accomplished prime minister from Calgary."

The Calgary Airport Authority did not return requests for comment.

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## PROGRESSIVE CONSERVATIVES

## No charges in nomination race investigation



**Ryan Tumilty**  
Metro | Edmonton

Edmonton Police have closed their investigation into bribery allegations in a Progressive Conservative nomination race.

Police spokesperson Anna Batchelor confirmed that police concluded their work in late September and are not laying any charges in the case,

which involved the Edmonton Ellerslie nomination race.

Former PC MLA Naresh Bhardwaj and members of his campaign team were accused of offering bribes to supporters of his challenger, Balraj Manhas, in the party's nomination race.

NDP MLA Brian Mason asked Edmonton Police chief Rod Knecht to investigate the matter.

Bhardwaj was also cleared

in an internal party investigation, but resigned from cabinet during the matter and did not run in the election.

He said the police investigation came to the right conclusion.

"I said from day one this is a false accusation and in this country you can not do that," he said.

Bhardwaj said he has never had any dealing with the man he was accused of bribing.

"I am absolutely innocent. I have never ever come across this guy."

The race also spawned a series of lawsuits. Manhas said he is waiting on the results of those suits, because he doesn't want what happened to him to happen to another candidate in the future.

"I am pursuing in civil court, because I want fairness," he said. "I am still waiting for the results of that."



Shuttlemeeyc social media co-ordinator Emily Ptak says the new ride-share service is expected to launch this month.

LUCIE EDWARDSON/METRO

## New shuttle slashes costs

## TRANSPORTATION

## Local startup aims to make life easier for air travellers



**Lucie Edwardson**  
Metro | Calgary

Getting to the airport can be a hassle, and an expensive one at that, but a new Calgary company is hoping to change that with a new ride-share shuttle.

Expected to launch in November, Shuttlemeeyc is breaking into the airport transportation business, which is currently only served by municipal taxis, transit, and private taxi services.

Emily Ptak, social media co-ordinator for Shuttlemeeyc, said owners Chris Barrel and Richard Kekoa noticed a gap in the airport transportation industry in Calgary.

"In the U.S. they use big buses called Super Shuttle," said Ptak. "They noticed there wasn't anything like that here in Calgary."

She said in a city that is very sprawling, taking a taxi or an Uber to the airport can add up.

"If you live in Cranston, a one way trip to the airport can be upwards of \$90," she said. "You're then paying \$180 dollars to get to and from the airport, on top of your flight,

which probably cost you a pretty penny already."

Ptak said with the blessing from the city's livery department, and a contract with the Calgary International Airport, Shuttlemeeyc, will offer a low cost ride-share alternative to travelling Calgarians.

Shuttlemeeyc ride prices range from a minimum of \$17 to a maximum of \$27 dollars city wide, and will offer baggage assistance, as well as complimentary beverages during rides.

Ward 3 Councillor Jim Stevenson said the low fares and convenience of Shuttlemeeyc is something that will appeal to Calgarians.

"I think for a lot of travellers it will be a great service and economically more feasible," he said.

Given the tumultuous environment in Calgary's transportation industry since the launch of Uber, Rupinder Gill, president and driver with Calgary United Cabs, said that although they welcome legal competition, it would take away business from Calgary cabs.

"Obviously anything that comes in transportation service, any competition is going to divide the business," he said.

Gill said although he doesn't know much about what services are offered by Shuttlemeeyc, taxis might have to talk about lowering airport ride fares in the future to remain competitive.

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# Art brightens city underpass

## GRAFFITI

**One year later, works by locals have achieved main objective**



**Jeremy Simes**  
For Metro | Calgary

This hawk's been watching you for about a year. And, as it turns out, Calgarians have largely kept the avian painting — and its home, the 5th Avenue Underpass — clean of graffiti, ever since the city installed duplicates of locals' painted works last year.

Since they were installed, only two artworks along the city's outdoor gallery have been tagged with graffiti, according to Graham Gerylo, a project manager with the city.

He said the installations

have achieved the city's objective: brighten the formerly uninspiring underpass.

"Anecdotally, the Centre City Implementation team received a great deal of positive feedback from citizens and our downtown stakeholders, who really enjoyed seeing artwork hung in the underpass," he said.

Doug Williamson — who painted the image of the hawk, titled *Not by Our Wisdom* — said he's happy to hear that Calgarians have enjoyed the panels.

"(The work) does speak to an audience to say, 'Hey, stop and look how artists have interpreted your everyday surroundings,'" he said. "I think



**It's a beautiful gallery.**

Doug Williamson

that's a good thing for the city: to have more artistic voice."

Williamson was inspired to create the piece after going through some biblical text, which brushed on the idea that nature is a bit mind-boggling — people can't create things like birds.

"I'm not so certain about things anymore, but that's not a bad thing," he said. "I definitely see a creative fingerprint in everything that's around us."

"The hawk there kind of looks down and watches you with those eyes," he added. "It has this infinite beauty that we can't really uncover with science or philosophy, leaving us wondering."

And if you're not interested in decoding the work, the hawk is something simply beautiful to look at, Williamson said.

"It's a beautiful gallery to stop people in rush hour and just have something disrupt people's mundane routine."



**Doug Williamson is pleased to know people have taken notice of his work after it was installed last year.** JEREMY SIMES/FOR METRO

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# Choosing a cabinet

**Prime minister-designate Justin Trudeau faces a delicate task in stocking his cabinet, balancing MPs' skills and experience with potentially wounded pride and resentment.**



**Michael Woods**  
Metro | Ottawa

Justin Trudeau's first real test as prime minister comes on Wednesday with the swearing-in of his first cabinet. The choices he makes will set the tone for the next four years of Liberal rule.

Cabinet-making is a difficult task at the best of times — one that can bruise egos

and sow resentment if not handled delicately.

That Trudeau has promised an equal number of men and women, a mix of new blood and old guard, strong aboriginal representation and a range of diverse backgrounds makes his job that much more difficult. Will he get it right?

**With that in mind, here are Metro's picks for who could make up Trudeau's new cabinet:**

## 5 ministries that will need much more attention

Every minister in the new Liberal government is going to have a lot on their plate, with Justin Trudeau having made sweeping, ambitious campaign promises in nearly every major area of the federal government's jurisdiction.

But here are five particular areas that will see big changes under the new government, with Trudeau promising particularly big things in their portfolios.

### 1 Democratic reform

Trudeau has vowed that Canada won't see another federal election under the first-past-the-post voting system. With Trudeau promising democratic-reform legislation within 18 months and planning to study every option before then, whoever's in charge of the effort is going to have a busy year and a half.

### 2 Aboriginal affairs

The new aboriginal affairs minister will have a full plate; Trudeau has called for "full implementation of the Truth and Reconciliation Commission's 94 recommendations," which are wide-ranging. (One of them is getting the Pope to apologize for residential schools.) The Liberals have also committed to a national inquiry into missing and murdered indigenous women.

### 3 Citizenship and Immigration

Many experts have said Trudeau's pledge to resettle 25,000 Syrian refugees by the end of the year has a laudable number but a challenging timeline. The new minister will have to lead an enormous co-ordinated effort as quickly as possible.

### 4 Environment

The new environment minister will have a hectic first few months, with the Paris climate conference starting Nov. 30 and Trudeau promising to convene the premiers within 90 days to come up with a national plan to fight climate change, including emission reduction targets.

### 5 Defence

With Trudeau's campaign promise to scrap the F-35 fighter purchase and his vow to pull Canada's CF-18s out of the war against the so-called Islamic State, the new defence minister will soon be faced with decisions that will shape Canada's military for years to come.



### 1 Scott Brison | Finance

The veteran Nova Scotia MP is a former investment banker who served as Paul Martin's minister of public works and co-chaired Trudeau's council of economic advisers.



### 2 Ralph Goodale | Deputy Prime Minister/House Leader

The party's only Saskatchewan MP is a lock for cabinet, having held the finance, public works and natural resources portfolios in the past. The Liberals will need a house leader capable of shepherding their ambitious legislative agenda.



### 3 Chrystia Freeland | Foreign Affairs

The former financial journalist and author was a star candidate when first elected in a 2013 Toronto byelection and is highly regarded for her global affairs and economic acumen.



### 4 Dominic LeBlanc | Justice

The New Brunswick MP is a Harvard-educated lawyer who was among Trudeau's most prominent backers during his leadership campaign and is also a close friend to the new prime minister.



### 5 Stéphane Dion | Environment

Dion, a former party leader, held the environment portfolio in Paul Martin's government and signed Canada on to the Kyoto Accord. He would be immediately tasked with preparing for the United Nations climate-change conference in Paris.



### 6 Andrew Leslie | Defence

The retired general and former chief of the land staff was a star candidate in Ottawa and advised Trudeau on defence and foreign-affairs issues before that. Both of his grandfathers were also minister of defence.



### 7 Jody Wilson-Raybould | Democratic Reform

Wilson-Raybould is a first-time MP but has a wealth of political experience as a former B.C. regional chief for the Assembly of First Nations and treaty commissioner. She won her Vancouver Granville riding by more than 9,000 votes.



### 8 Bill Blair | Public Safety

The new Scarborough MP and former Toronto police chief was another Trudeau star candidate whose expertise lies in the public-safety portfolio, though it's possible he'll get a different cabinet position where he doesn't have as much experience.



### 9 Jane Philpott | Health

The first-time MP elected in Markham-Stouffville is a family doctor who has done extensive advocacy work for refugee health care and on HIV/AIDS.



### 10 Carolyn Bennett | Aboriginal Affairs

The family doctor and longtime Toronto MP was the party's aboriginal-affairs critic in the last Parliament and has command of the issues at hand. She'll need it; the Liberals have pledged to implement the Truth and Reconciliation Commission's 94 recommendations.



### 11 Maryann Mihychuk | Employment and Social Development

Mihychuk, a geoscientist, was a member of Manitoba's NDP government for nine years, holding cabinet roles in industry and inter-governmental affairs. In 2004, she resigned to run for mayor of Winnipeg and finished fourth.





# may get personal



**12 Joyce Murray | Veterans Affairs**  
The British Columbia MP came second to Trudeau in the 2013 leadership race. She was the party's defence critic in the last Parliament.



**18 Kirsty Duncan | Status of Women**  
First elected in 2008, the medical geographer and Etobicoke MP was the party's status-of-women critic in the last Parliament.



**26 Mélanie Joly | Intergovernmental Affairs**  
Joly, an Oxford-educated lawyer and public-relations expert, came second to Denis Coderre, a former Liberal minister, in the 2013 Montreal mayoral race.



**13 Bill Morneau | Treasury Board**  
Some have tapped the businessman as a possible finance minister but he's a first-time MP and could be given a less-prominent economic portfolio. He was the executive chair of Morneau Shepell, Canada's largest human-resources firm.



**19 Judy Foote | Chief Government Whip**  
The Newfoundland and Labrador MP held several cabinet portfolios as a provincial politician. She has been the party whip since 2011 and was the party's deputy house leader before that.



**27 Kent Hehr | Public Works**  
With the Liberals winning seats in Calgary for the first time since 1968, one new MP is bound to get a seat at the cabinet table. Hehr, a lawyer, was an Alberta provincial politician for seven years.



**14 Marc Garneau | Industry**  
Garneau, a former astronaut who was the first Canadian in space, was president of the Canadian Space Agency before starting his political career. He was a leadership candidate in 2013 and essentially sealed Trudeau's victory by dropping out of the race.



**20 Hunter Tootoo | Natural Resources**  
Tootoo ran for the federal NDP in 1997 before serving in a number of key roles in Nunavut's territorial government, including Assembly speaker. He is also a successful businessman.



**28 Catherine McKenna | International Trade**  
McKenna is an international trade lawyer and former UN adviser in East Timor who defeated NDP stalwart Paul Dewar in Ottawa Centre.



**15 Emmanuel Dubourg | National Revenue**  
Dubourg, a chartered accountant and teacher, was the party's national revenue critic in the last Parliament. A former Quebec provincial politician who also spent two decades in the federal public service, he founded a non-profit organization that offers professional accounting services internationally.



**21 Navdeep Bains | Citizenship and Immigration**  
Bains was an MP from 2004 until 2011, serving as Paul Martin's parliamentary secretary briefly in 2005. The prominent member of Mississauga's Sikh community more recently co-chaired the Liberals' Ontario campaign and was a key Trudeau organizer.



**16 Pamela Goldsmith-Jones | Transport**  
The new Vancouver MP was a two-term mayor of West Vancouver, retired in 2011 to complete an executive MBA and ran a public-affairs consulting firm. Her riding, West Vancouver-Sunshine Coast-Sea to Sky Country, had been held by the Conservatives since 2008.



**22 Yvonne Jones | Fisheries and Oceans, ACOA**  
Jones was first elected in a 2013 byelection in Labrador, which had been held by the Conservatives. She won re-election on Oct. 19 with 70 per cent of the vote.



**23 Robert Morrissey | Agriculture**  
Morrissey spent nearly two decades in Prince Edward Island's legislative assembly, starting in 1982, holding a number of prominent roles, including Opposition house leader.



**24 Harjit Sajjan | Heritage**  
The first Sikh to command a Canadian army regiment, the new Vancouver South MP and lieutenant-colonel did three tours of Afghanistan. He was also a Vancouver police officer for 11 years, specializing in organized crime.



**25 Marie-Claude Bibeau | International Development**  
Bibeau began her career at the Canadian International Development Agency, with postings in Morocco and Benin. The southeast Quebec MP has owned a successful campground for 15 years and founded a museums association in the Eastern Townships.



**17 Maryam Monsef | Labour**  
Canada's first Afghan-born MP, Monsef came to Canada as a refugee in 1996 with her family. She won the Peterborough riding formerly held by Dean Del Mastro, Stephen Harper's one-time parliamentary secretary.

## 5 ministries that don't exist but should

Justin Trudeau's cabinet is expected to be smaller than his predecessor Stephen Harper's — about 28 members compared to Harper's 39. So there isn't much room for Trudeau to create new roles at the cabinet table. But here are five suggested portfolios that didn't exist under the last government.

- 1 Housing**  
Funding for affordable housing is a major part of the Liberals' proposed \$20-billion "social infrastructure" plan. The Pierre Trudeau government of the 1970s had a minister of state for urban affairs, who was responsible for housing, but the position didn't exist in the last government.
- 2 Youth**  
When it comes to policy-making, Canada's youth population is sometimes left out. According to the group Generation Squeeze, governments in Canada spend a third as much on younger Canadians as those over 65. A minister at the table advocating for Canada's young people could help change that.
- 3 Municipal affairs**  
While the intergovernmental affairs minister job already exists, having a minister dedicated to cities' needs could go a long way to achieving the necessary co-ordination between the federal government and municipalities on large infrastructure projects, such as transit.
- 4 Digital innovation**  
Governments can be slow to keep up with the rapidly changing digital world. Having a voice at the cabinet table focused on digital innovation could help with that. France, for example, has a minister of economy, industry and digital affairs.
- 5 Sharing economy**  
The sharing economy is becoming more prevalent, with services such as Uber and Airbnb expanding in Canadian cities and their business model expanding to other realms. With many jurisdictions grappling with how to adapt to regulating these new services, dedicated federal leadership could be useful.



# Liberal MPs bring diversity to caucus

## POLITICS

### Social workers, lawyers, mayors and more on Parliament Hill

When Catherine McKenna looks at a roomful of her 127 fellow rookie Liberal MPs, she sees police chiefs, soldiers, aboriginal leaders, mayors, doctors, refugees, athletes, social workers, tradespeople, academics and several lawyers like herself.

"A lot of people really believed we were off-track with the last government and it was really important to contribute by stepping up to run," said McKenna, who defeated New Democrat incumbent Paul Dewar in the riding of Ottawa Centre.

McKenna is part of what may be the most diverse governing caucus of MPs that voters have ever sent to Parliament Hill.



**Newly elected Liberals Catherine McKenna and Greg Fergus, holding tablet, Will Amos, Andrew Leslie, Karen McCrimmon and David McGuinty take part in a rally for prime minister designate Justin Trudeau.** SEAN KILPATRICK/THE CANADIAN PRESS

She herself has a broad background beyond practising law, which enabled her to be a legal adviser to the United Nations peacekeeping mission in East Timor. She helped create her

own non-governmental agency that works on governance and human rights issues abroad, and she's lectured on foreign affairs at the University of Toronto. She's also a competitive

swimmer.

McKenna is typical, in some ways, of her broader caucus.

She's a rookie, like more than two-thirds of her fellow Liberal MPs — 184 Liberals in all.

At 44, McKenna is also part of the biggest demographic group in the Liberal caucus, with 82 of those elected falling in the 30-to-49 age range. The second largest is the 50-64 group, with 68 MPs, according to a Maclean's magazine analysis.

McKenna is also one of 50 women to be elected to the Liberal caucus.

The Liberals also have 38 of the 46 visible minorities elected to the House of Commons.

The Liberals painted the map red in and around most major cities, including the greater Vancouver and Montreal areas, Ottawa and its surrounding areas and the greater Toronto area, including Mississauga and Brampton, as well as most of Winnipeg.

THE CANADIAN PRESS

## OPPOSITION

### Tories prepare for Ottawa and winter

If there's one thing Dianne Watts knows she needs to do before travelling to Ottawa this week to take her place in the official Opposition caucus, it's buy warmer clothes.

As the former mayor of Surrey, B.C., Watts hasn't had much experience with the biting winters she'll be facing in the national capital as part of the 99-member Conservative team, set to meet

for the first time Thursday since the party lost its majority government on Oct. 19.

She handily won her Vancouver suburban riding, but her party was routed by Justin Trudeau's resurgent Liberals.

"When I made the decision to run federally, it was a decision I felt strongly about," Watts said in an interview.

THE CANADIAN PRESS

# 12

**Quebec was the only province where the Tories widened their support, producing 12 MPs.**

## THIRD PARTY SET TO GO

### New Democrats rebuilding with 16 rookies on bench

The New Democrats enter the 42nd session of Parliament with fewer than half of the members that they had going into the 2015 federal election campaign.

Despite being forced back to third-party status by voters, however, the party is poised to start over with a lot of fresh, young blood — ready to rebuild

and focused on the majority Trudeau Liberals to account.

Erin Weir, one of 16 rookies on the New Democrat bench, sees his role as an MP as much like his election campaign — honed in on building Canada's economy and protecting the environment.

One significant additional responsibility: reinvigorating his party in time for the next election. THE CANADIAN PRESS

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# All eyes are on Justin Trudeau

## POLITICAL STRATEGY From Paris to Washington, analysts study Liberal victory

A rare phenomenon is transpiring in a foreign capital: People are curious about Canadian politics.

It's evident on multiple fronts in Washington — from conversations in cabs and coffee shops, in government offices and think-tanks, in media stories and from foreign politicians looking to learn about prime minister-designate Justin Trudeau.

During a U.S. visit, the leader of a centre-left European political party revealed he was reading a book about the recent history of Canada's Liberals and expressed hope of eventually meeting Trudeau. "Fascinated" is how Diederik



Prime minister-designate Justin Trudeau.  
NICHOLAS KAMM/AFP/GETTY IMAGES

Samsom described his reaction to the Canadian election.

So it's no coincidence that he's asking questions about the campaign that pulled Canada's centre-left party from third place to a surprising majority.

He's not alone. Inside the unofficial think-tank of the U.S. Democratic party, the Liberals' winning election playbook is being ana-

lyzed and its lessons shared with left-leaning parties around the world.

Matt Browne has prepared a briefing paper on the Liberal win for allies in different countries where he's heard curiosity or seen applicable lessons — including the U.K., Denmark, the Netherlands, France, Italy and Germany.

THE CANADIAN PRESS

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## DEMOCRACY

## Turkey votes party back into majority

Turkey's ruling party secured a stunning victory in Sunday's snap parliamentary election, sweeping back into single-party rule five months after losing it.

Prime Minister Ahmet Davutoglu declared victory as results reported by state-run TRT television showed that the ruling Justice and Development party won more than 49 per cent of the vote and was projected to get 316 seats in parliament, a comfortable majority.

Most analysts had expected AKP to fall short, but the preliminary results suggest it

picked up millions of votes at the expense of the nationalist MHP and pro-Kurdish People's Democratic Party, or HDP.

With a dramatic gain that few had predicted, the ruling party's gamble to hold new elections paid off.

Supporters at the party's Ankara and Istanbul headquarters waived flags in rapturous celebrations.

Crowds outside President Recep Tayyip Erdogan's home in Istanbul shouted "Turkey is proud of you."

THE ASSOCIATED PRESS

## REFUGEE CRISIS

## Death toll, tension rising in Greece

Protesters clashed with police guarding a border fence in northern Greece near Turkey Saturday, following a series of sea accidents that killed dozens and a warning that the toll is likely to rise in coming weeks.

About 500 anti-government protesters, who travelled from Athens and several towns in northern Greece were involved in the clashes after challenging a police cordon blocking access to the fence that spans more than 10 kilometres.

The demonstrators want Greece to tear down the fence and allow refugees to cross by

land instead of risking their lives on the sea crossing to Europe.

The government says it cannot remove the fence for "practical reasons" and has called on other European Union countries to speed up support promised for search and rescue operations in the east Aegean Sea.

Greece is struggling to cope with a surge in arrivals, many fleeing the civil war in Syria and other conflicts. More than 60 people, half of them children, have died in the past four days while trying to reach Lesbos and other Greek islands from the Turkish coast. THE ASSOCIATED PRESS



Personal items belonging to shipwrecked migrants were strewn on the Greek island of Lesbos Sunday. THE ASSOCIATED PRESS

## IN BRIEF

### Rescuers free humpback

Rescuers managed to free a humpback whale entangled in fishing line off California's Orange County coast Saturday. The adult whale, estimated to be 35 to 50 feet (10.5 to 15 metres) long, was entangled from its mouth to its tail and what appeared to be nylon rope streamed behind it. Rescuers with the National Oceanic and Atmospheric Administration and Sea World in San Diego were able to cut away most of the line.

THE ASSOCIATED PRESS

### U.S. senator, actor dies

Fred Thompson, 73, a Republican senator who also acted in films and TV, died in Nashville after a recurrence of lymphoma, his family says. A lawyer who alternated between politics and acting much of his adult life, Thompson retired from the senate in January 2003 and pursued the presidency in 2007, but dropped out in 2008. He appeared in at least 20 motion pictures. His credits include The Hunt for Red October, and Cape Fear.

THE ASSOCIATED PRESS



Egyptian army soldiers stand guard next to the luggage and belongings of passengers of the A321 Russian airliner piled up at the site of the crash in Wadi el-Zolmat, a mountainous area in Egypt's Sinai Peninsula Sunday. KHALED DESOUKI/AFP/GETTY IMAGES

# Jet broke up at high altitude after takeoff

## EGYPT

## Search teams seek bodies of 224 passengers

The Russian jetliner that crashed shortly after takeoff from an Egyptian resort city broke up at high altitude, scattering fragments of wreckage over a wide area in the Sinai Peninsula, Russia's top aviation official said Sunday as search teams raced to recover the bodies of the 224 people who died.

Aviation experts joined the searchers in a remote part of the Sinai, seeking any clues to what caused the Metrojet

Airbus A321-200 to plummet abruptly from 31,000 feet just 23 minutes after it departed from the Red Sea resort of Sharm el-Sheikh bound for St. Petersburg.

By midday, 163 bodies had been recovered, according to the Egyptian government. Some of the dead were expected to be flown to Russia later Sunday.

The large area over which fragments were found indicates the jet disintegrated while flying high, said Alexander Neradko, head of Russia's federal aviation agency. He would not comment on any possible reason for the crash, citing the ongoing investigation.

Neradko was in Egypt to in-

## + AFTERMATH

### Russians mourn loss

Grief gripped the historic city of St. Petersburg, Russia, home of many of the victims. President Vladimir Putin declared a nationwide day of mourning, and flags flew at half-staff. THE ASSOCIATED PRESS

spect the crash site along with Russia's emergency and transport ministers.

A Russian TV channel late Saturday quoted the wife of the co-pilot as saying her husband had complained about the plane's condition. Natalya

Trukhacheva, identified as the wife of Sergei Trukhachev, said a daughter "called him up before he flew out. He complained before the flight that the technical condition of the aircraft left much to be desired."

Egyptian President Abdel-Fattah el-Sissi cautioned that the cause of the crash may not be known for months.

"It's very important that this issue is left alone and its causes are not speculated on," he told a gathering of top government officials, members of the military and security forces. The investigation "will take a long time" and "needs very advanced technologies."

THE ASSOCIATED PRESS

## MIDEAST CONFLICT

## One home symbolizes Gaza's rebuilding

The al-Zazas have much to celebrate, after returning a few weeks ago to their neighbourhood in the Gaza Strip — the first Palestinian family to move back into a completely rebuilt home since last year's war between Israel and the Islamic militant group Hamas.

It was a much-anticipated homecoming. Their house was one of thousands reduced to rubble in the war. A push to reconstruct the battered coastal territory has been sluggish, relying on international funding pledges only partially fulfilled.

But the al-Zazas' move offers

hope to the tens of thousands of Gazans who lost their homes in the war. Their place was among the first 170 completely destroyed homes approved for reconstruction.

"We are very happy ... it's our home," said 50-year-old Atef al-Zaza, the family patriarch.

About 500,000 people were displaced at the height of the 50-day conflict and 100,000 left homeless, according to the United Nations. More than 2,200 Palestinians were killed, mostly civilians, according to UN figures. On the Israeli side, 73 people were killed, most of them soldiers.

The UN says 18,000 homes were destroyed or severely damaged. International donors pledged \$2.7 billion to rebuild Gaza, but a year later, only a third of the sum has been received, al-Hasayneh said.

Since reconstruction money doesn't cover furniture, the al-Zazas use plastic chairs, a plastic table and a woven straw mat in the living room. With a roof over his head, Atef al-Zaza says he isn't bothered.

"Happiness has been in our hearts as soon as we entered our home," he said.

THE ASSOCIATED PRESS



Um Alabed al-Zaza's house was rebuilt after it was razed in last summer's war between Israel and Hamas. THE ASSOCIATED PRESS





**HAITI THE DEAD RULE THE DAY** A woman in the role of a spirit known as a "Gede" looks on while holding a human bone in her hands during Day of the Dead celebrations at the National Cemetery in Port-au-Prince, Haiti, Sunday.

RICARDO ARDUENGO/THE ASSOCIATED PRESS

## Extremists storm hotel

### SOMALIA

### Troops take back control of facility after daybreak assault

Five of Somalia's Islamic extremists attacked a leading hotel in the capital at dawn Sunday, killing at least six people and injuring 10, before all the assailants were killed by security forces.

The Somali army and the African Union forces ended the siege by the al-Shabab attackers at the Sahafi Hotel by midday, police commander Ali Ahmed said.

"It's over now. We have killed all the attackers," Ahmed told The Associated Press by phone. "They came under cover of darkness and attacked the hotel while some of the guards were sleeping."

The attack started at daybreak when a suicide bomber detonated an explosives-laden vehicle at the hotel's entrance gate and then four men, armed with AK-47 rifles, propelled grenades and suicide vests, invaded the premises.

Some of them went into rooms to kill residents while others went to the hotel's rooftop to fight off government soldiers who came to battle them, said Capt. Mohamed Hussein, a senior Somali police officer.

A second explosion came from a car bomb outside the hotel, said witnesses.

Among those killed was the hotel's owner and a former military general, Hussein said.

"Had it not been for the courage of some of the hotel residents who fought back the terrorists, the death toll could have been a lot higher," Hussein said.

THE ASSOCIATED PRESS

### IN BRIEF

#### Romanians mourn victims of deadly nightclub fire

Romanians wept and prayed Sunday as they mourned the victims of a fire in a nightclub, while doctors warned the death toll could rise because so many of the injured have severe burns.

As the nation entered its second day of mourning, thou-

sands paid their respects at the Colectiv nightclub in Bucharest's 4th district — the scene of Friday's tragedy that so far has killed 30 people and left dozens badly burned.

In a separate show of grief, thousands walked through the capital city Sunday afternoon, carrying flowers and photos of the dead. THE ASSOCIATED PRESS

### CONSERVATION

## Rhino on a mating mission

A U.S.-born male Sumatran rhino arrived in his ancestral home of Indonesia on Sunday, making the long journey from Cincinnati, Ohio, on a mission to mate to help save his critically endangered species from extinction.

The eight-year-old rhino, Harapan, was born at Cincinnati's zoo and spent nearly the past two years as the last Sumatran rhino in the Western Hemisphere.

He arrived at Jakarta's Soekarno-Hatta airport Sunday in a special travel crate aboard a Cathay Pacific jet. He continued his trip in a truck to the seaport of Merak and was to be ferried to Sumatra island.

"Thankfully, it has arrived here," said Bambang Dahono Adji, director of biodiversity conservation at Indonesia's Ministry of Environment and Forestry. He said Harapan would be "officially handed

over" to Indonesian authorities on Thursday at Way Kambas National Park, where the Sumatran Rhino Sanctuary is located.

Conservationists hope Harapan can mate with one or more of the three females at Way Kambas, where Ratu, a 12-year-old female rhino born in the wild, is now pregnant with her second calf and is expected to give birth in May.

THE ASSOCIATED PRESS



**Harapan the Sumatran rhino**  
THE ASSOCIATED PRESS

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Bombardier CEO Alain Bellemare addresses a news conference in Montreal after the Quebec government revealed it is investing \$1 billion in the CSeries aircraft program. THE CANADIAN PRESS

# \$1B not enough for Bombardier

## MANUFACTURING

### Company still looking at options after Quebec bailout

The \$1-billion lifeline Bombardier is getting from the Quebec government will go a long way toward helping the troubled plane and train maker, but it's just one of several initiatives aimed at shoring up the company's financial position, says chief executive Alain Bellemare.

In addition to working on the sale of a minority stake in its railway division (which analysts estimate would bring in \$1 billion US to \$2 billion US), the company is considering other strategic options, including the sale of non-core assets and exploring ways to trim costs from programs like the Q400 turboprop.

Bellemare was loath to pro-

vide details about what is being considered, including whether joint ventures like the CSeries deal with the province are contemplated for other programs.

The CEO said he's "super sensitive" about discussing options after "very unfortunate leaks" of the company's approach to Airbus about selling a stake in the CSeries.

"I will continue to look at strategic options across the board," he said in an interview.

Reports suggest the company approached the federal government for at least \$350 million in assistance. The new Liberal government said it will consider the request after it is sworn into office on Wednesday.

Bombardier says it will focus on making its programs more competitive by cutting costs. He pointed to efforts that were rejected by its Toronto union-

ized employees that would see the manufacture of some parts for the Q400 moved to low-cost countries like Mexico or China.

Although the Q400 does well in North America with customers like WestJet Encore, Porter Airlines and Air Canada, it is too pricey for markets like

Asia. Rival ATR dominates while Bombardier's market share is just 25 per cent. "It's a great aircraft (but) it's too costly and we need to bring the costs

down so we can bring the price down," Bellemare said.

And he wouldn't rule out job cuts as the company turns the focus to improving efficiency and operational performance.

"We are going to look at what does make sense to make the business strong moving forward and from that we will derive the conclusion that is needed." THE CANADIAN PRESS

**“It's a great aircraft but it's too costly.”**  
Alain Bellemare

## RESTAURANTS

# Chipotle outlets in U.S. linked to E. coli

Health officials expect the number of people sickened by an E. coli outbreak linked to Chipotle restaurants in Washington state and Oregon to grow while they investigate the cause of the infection.

As of Friday, three people in the Portland area and 19 people in western Washington had become sick. Seventeen of them had eaten at a Chipotle restaurant during the past few weeks. Eight people have been hospitalized but no deaths have been reported.

## + MOSTLY HARMLESS

### Best defence: Wash hands

There are hundreds of E. coli and similar bacteria strains in the intestines of humans. Most are harmless, but a few can cause serious problems. Symptoms of E.

coli infection include diarrhea, abdominal cramps, nausea and vomiting. Health officials say the best defence against the bacterial illness is to wash hands with soap and water.

After people started hearing about the outbreak, more people will probably go to the doctor and join the list of

potential cases, said Marisa D'Angeli, medical epidemiologist with the Washington State Department of Health.

"We're very early in the investigation," D'Angeli said.

The source of the E. coli was most likely a fresh food product, D'Angeli said, because it probably could not be traced to one sick individual or one instance of cross-contamination of food since the cases are connected with so many restaurants.

D'Angeli noted that Chipotle has been co-operative and voluntarily shut down all its restaurants in the two states.

THE ASSOCIATED PRESS



Chipotle has temporarily closed dozens of its restaurants in Washington and Oregon after an E. Coli scare. GETTY IMAGES

## IN BRIEF

### BP drops bid to get back cash paid in spill claims

Energy giant BP is ending its effort to recoup money it paid in economic damage claims to businesses and individuals under a settlement arising from the 2010 Gulf of Mexico oil spill. On Friday, the company filed a motion to withdraw an appeal over what it said were overpayments worth hundreds of millions of dollars and involving more than 790 businesses. After a 2012 settlement with businesses and individuals was approved, BP argued that

the claims administrator had not been correctly matching business' revenues and expenses, resulting in overpayments. A court eventually ordered a new calculation method but refused to order restitution of payments already made.

THE ASSOCIATED PRESS

### Tax incentives, new media revive L.A. film shoots

Legislation signed by California Gov. Jerry Brown last year that offered more generous state tax incentives for film and TV production is being credited for a spike

in the number of location shoots across Los Angeles. The local industry is also getting a boost from Hollywood newcomers including Amazon, Netflix and Hulu as they increasingly produce original programming, the Los Angeles Times reported Saturday. The newspaper says there were 2,057 shooting days for scripted television shows filmed on location in the Los Angeles region for the three months that ended Sept. 30. That's a 54 per cent increase from the same period last year.

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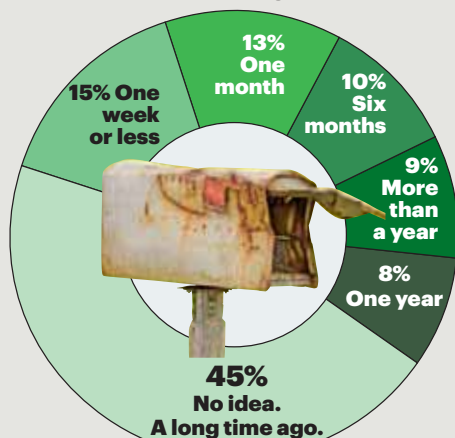
## Metro MONDAY POLL

# Holding onto home delivery

Visit [metronews.ca](http://metronews.ca)  
every Friday to  
have your say.

Maybe we won't be saying "So long" to snail mail after all. With a new Liberal majority government soon to take power, the Harper Conservatives' plan to phase out Canada Post's home-delivery service in favour of community mailboxes is set to be halted. But with electronic communication ubiquitous, should we be helping old-fashioned paper postal service to hang on? We asked our readers, and their feelings about mail are a very mixed bag.

### 1 How long has it been since you sent a letter (not a bill, not a form, not a package — a personal letter)?



### 2 What do you think Canada Post should do about home delivery?

- 37% Keep it for as many people as possible
- 27% Phase it out with a few exceptions (i.e. the elderly)
- 23% Get rid of it now! It's 2015!
- 8% Replace it with community mailboxes
- 5% I have mixed feelings

Maybe cut it to two days a week. I think most people would be okay with that.

### 3 What do you still use (outgoing) mail for?

- 15% Holiday greetings
- 15% Presents and care packages
- 14% Government forms
- 12% Personal letters and cards
- 7% Thank-you notes
- 6% Paying bills
- 6% It's part of my job
- 5% Keeping in touch with family/friends abroad
- 5% Sending donations
- 4% Ordering by catalogue
- 9% I don't use the mail
- 2% Other

For charity mail-outs to members

Sending letters to elderly friends without email

I don't mail cards. No one does that anymore!

METRO READERS

# Home-schoolers: Stay away from the Duggars

## KINGKADE'S CALGARY

Roger Kingkade



If you've ever wanted to see a has-been reality-TV star deliver a keynote address, you'll get your chance at the Alberta Home Education Association (AHEA) convention in Red Deer in April.

The AHEA has booked former TV parents Jim Bob and Michelle Duggar, the patriarch and matriarch of 19 Kids and Counting, to speak to their conventioners for the 30th anniversary of the get-together.

The trouble is, some see the couple as creators of the horror "Four kids and counting."

The four kids, for those of you that don't enjoy the gossip magazines and websites, being the alleged

victims of older brother/AshleyMadison.com client Josh Duggar.

The controversy hit headlines earlier this year when TV network TLC yanked the show after word spread that Josh had molested some of his younger siblings. The allegations date back to 2002, with police reports detailing Josh's parents being aware of the transgressions and attempting to deal with them through the church. We would later hear from a state trooper involved in the case that Jim Bob, Josh's dad, hid the extent of the abuse.

Now, that beacon of fatherhood is being brought in to speak to a convention.

This is a problem.

But first: home-schooling is not on trial here. It's really a shame that the AHEA has brought this assault on what is likely a group of well-meaning parents.

Home-schooling already has a stigma to battle. Home-schooled kids are "weird" in the eyes of many. Nobody hears that a child was home-schooled and thinks "Lucky!" The reflex is to look for cues of social awkwardness.

The stereotype is well known. Given this, why would the AHEA bring controversy upon itself by booking a couple that allegedly protected their son from the full extent of the law and brought him back into the home of his alleged victims and potential future victims?

That's a head-scratcher.

The Duggars are evangelicals fixated on repentance. They dealt with the situation through Christian counselling. As a family, they prayed for Josh and adopted a strategy of forgive and forget. Tragically, this denies any victims the

right to justice and security.

It's as though the AHEA is saying to the general public, "Everything you think about home-schoolers is true. And here's proof."

The AHEA, at the time of this writing, is contemplating a schedule change for the event due to "media hysteria," as some have put it. That's a strange way to describe warranted scrutiny. One hopes this means, "We didn't realize this was a really bad idea until the media said so."

If there are parents willing to defend the Duggars and pay to hear them speak at a home-schooling conference, perhaps their students should be removed to a classroom.

Roger Kingkade co-hosts the Kingkade and Breakenridge show every weekday morning from 9 a.m. to noon on NewsTalk 770.

## ROSEMARY WESTWOOD

### metroview

# I miss the wisdom, context and joy that elderly friends bring

An elderly lady and a younger lady walked down my street the other day.

They weren't moving at any clip and they chattered and laughed leisurely.

The elderly lady wore an oversized coat over her small frame and a bright blue tuque, far too large, that stood up like a Smurf hat. She was grinning.

I had the urge to stop my bike and ask them if they walked this neighbourhood often. Were they old friends? Were they family? Maybe I could walk with the old lady sometime (she clearly needed a spotter), since I live around here, too? They looked happy and close.

I didn't stop. But I know why I wanted to.

I miss elders. In my daily 30-something life, they're as absent as children. In my family, only my grandmother-in-law, who I should see far more of, is still around. And the elderly friends I know from my hometown don't live in Toronto, my adopted city.

I'm envious of the friendships some have with their grandparents: the quirky Instagram video of one friend pushing her grandmother's wheelchair down a gentle hill; the Facebook photo of another friend getting pedicures with her grandpa; yet another whose live-in grandmother cooks him hot breakfasts every day.

But we don't have to be

related. Old Father Joe, a priest who used to come to dinner when I was a kid and died years ago, was my friend. I once interviewed a woman about her service in the Second World War (when she wore snakeskin pumps and drank mint juleps while working for American intelligence in Washington), and just sitting with her, I felt like I could absorb life advice by osmosis.

Plenty of other people have less-romanticized relationships with older generations. Perhaps they don't care if they don't. But I feel the lack.

Here I am, navigating the day, operating in a vacuum without context for what other's lives were like when they were 30, decades ago, or what they're like now, in their 80s.

And I realize it's reductive, even disrespectful to equate age with wisdom.

But people with different experiences are inherently interesting. And the chance of learning something (and teaching something) seems greater as the difference grows.

Some cultures do better than we (or maybe just I) do at keeping the generations close.

And that little old lady in the blue tuque already has someone to walk with. She doesn't need me. It's me who needs her.

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## PHILOSOPHER CAT by Jason Logan

I DON'T KNOW WHY WE ARE HERE, BUT I'M PRETTY SURE THAT IT IS NOT IN ORDER TO ENJOY OURSELVES.





# When Everybody steals your idea

## ANALYSIS

## Detroit designer gets litigious with Toronto line

**Melissa Dunne**  
For Metro Canada



"If you want to be original, be ready to be copied."

The quote is often attributed to Coco Chanel, but, perhaps fittingly, now that it's so widely shared online, its origins are murky.

For today's designers who have a less blasé approach to originality, there's trademark law.

### It really is Detroit vs. Everybody

The cross-border trademark war between the creator of the Detroit vs. Everybody comfort wear clothing line and the makers of Toronto vs. Everybody maker of sweaters and T-Shirts reached a boiling point last week. Legal representatives for both sides did not return requests for comment, but it's been reported they are trying to come to a truce soon.

In response to the negative image of his gritty city, Tommy Walker Jr. started Detroit vs. Everybody in 2012, while Peace Collective started Toronto vs. Everybody in 2014. Alas, from a legal perspective it doesn't seem to matter who came up with the idea first.



"With trademark, it's the first to file," explained Scott MacKendrick, a partner at Bereskin & Parr LLP, in a phone interview, from his Toronto office.

The founder and chief of peace for Peace Collective does indeed hold the registered trademark to "Toronto vs. Everybody" here in Canada. Walker Jr. reportedly only filed for trademarks in the U.S., so there is likely nothing stopping the many competitors that have popped up around the globe from selling clothing emblazoned with "Vs. Every-

body" outside of America, said MacKendrick.

### Fail to plan, plan to fail

Ashlee Froese, a fashion lawyer at Toronto's Fogler, Rubinoff LLP, advises anyone starting a small clothing company to hire a lawyer who specializes in fashion law early on to prevent and deal with any legal issues. To start, a basic search should be done to determine that someone else doesn't already hold the trademark you want to register, explains the lawyer who frequently works

with young Canadian designers.

### Spend money to make money

While the complexity and costs will vary depending on the specifics of each case, having a lawyer get a trademark for your company — from search to application to approval — usually costs about \$1,000 to \$2,000, said Alison Hayman, an associate in the intellectual property group at Cassels Brock & Blackwell LLP in Toronto. Spending a relatively small amount of money on legal fees when your company is in

**When it comes to trademark, it doesn't matter who had the idea first, it's about who was first to file.** PHOTOS COURTESY: PEACE COLLECTIVE AND DETROIT VS. EVERYBODY

its infancy can possibly save you a lot of grief, and money, down the road, she added.

### Be ready for a battle fought via paperwork

Once you have a trademark it is usually fairly simple to enforce, said MacKendrick. Most cases never make it to trial, usually a letter or two will be exchanged between lawyers and some sort of agreement will be reached. Since trademarks are generally enforced country by country, Froese advises clients at the outset to file trademark

## NATIONWIDE

### Everybody vs. Everybody

It seems like everybody is trying to get their slice of the "Vs. Everybody" pie, with a bevy of online sellers selling their versions for Canadians proud of their cities.

### • Toronto vs. Everybody:

T-shirts for both men and women in a range of colours sell for \$29.99, sweaters sell for \$59.99. [peace-collective.com](http://peace-collective.com)

### • 403 vs. Everybody:

Unisex T-shirts sell for \$25 at [rglt.com](http://rglt.com)

### • Montreal vs. Every-

body: T-shirts in a range of colours sell for \$30 at [mtlvseverybody.com](http://mtlvseverybody.com)

### • Vancouver vs. Every-

body: Baseball caps being sold for \$40 at [fadeby-grey.com](http://fadeby-grey.com)

applications for all the countries where they might be doing business, which for Canadians usually means filing in both Canada and the U.S.

As the Detroit vs. Everybody website says: "There's leaders, and there's followers..." And if you're a designer who created something original and you'd rather not be copied then you're going to need to file those trademark applications before any of your followers do.

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# Tips on dealing with a bad manager



Bad bosses are tough, but looking for solutions is better than cursing them. iStock

## COPING

### If you have an ineffective boss, step up your strategy

**Raquel Laneri**  
Metro | New York

A recent Gallup study found that half of workers leave their job because of their bosses. But, often it's not because these bosses are overly demanding, or belittling, or like Meryl Streep in *The Devil Wears Prada*.

"I think many of these people are disappointed in their manager — feeling like their manager does not have their best interest in mind, is not paying attention to them, has their own agenda, or doesn't have good management skills," says Mary Schaefer, an empowerment expert, coach, trainer, speaker and consultant. That can be really frustrating.

A good boss can make you better at your job, can inspire you to strive for more, can be

your champion when it's time for a promotion or for a reference.

So, getting along with them not only makes your day-to-day more bearable, it's also essential for career advancement.

But, even if your supervisor is remote or hard to read or just unhelpful, that doesn't mean you should throw in the towel. Schaefer gives us some tips on how to make your relationship with your boss work for you.

## High-performing, low-maintenance

The best way to get into your boss's good graces: Do your work while creating as little trouble as possible.

"Here's my catchphrase: Be high-performing and low-maintenance," says Schaefer. "High-performing means you deliver on the objectives given to you.

"As for the low-maintenance part — this may sound silly, but just don't do things that cause friction points. If you have to do online training for ethics by a certain date, do it — don't put yourself in a position that whoever is responsible for that is calling you, or worse calling your boss."

## Ask what they expect of you

Of course, being high-performing isn't so easy if you have a hands-off administrator who doesn't give you deadlines or set goals for you. "You need to be clear on what your objectives are and how they're measured," says Schaefer. "I'll get employees say to me, 'My boss tells me I need to do teamwork better; does that mean I need to go out and have beers with the team after work?'"

In those circumstances, just ask. "If your boss gives you vague feedback, you can ask questions like, 'What would that look like? What kind of communications would you hear from me? Who would you see me interacting with?'" says Schaefer.

## Communicate effectively

Another thing you should clarify with your boss early on: the best way to reach him or her, what kind of situation warrants a call at home and what terms like "ASAP" or "urgent" mean.

"That's one thing that can cause frustration: when the boss is not responsive to something that an employee sees as a priority," says Schaefer. In those cases, you need to speak up:

"If they seem annoyed or defensive, say, 'I'm asking these questions because I want to do a good job.' Your boss may not like it, but they can't argue with you wanting to do a good job."

## Sell your ideas

A lot of young people tell Schaefer that they feel like their ideas aren't being taken seriously by their bosses.

"It's important to learn how to manage their objections," she says.

"So, maybe come at your suggestions sideways: Instead of saying, 'Hey, I have an idea,' ask, 'What do you think about this? Have you noticed this problem? What have we tried so far?'"

## Have a Plan B

At the end of the day, it's your career, and you need to do what's best for you.

"I don't think this can be repeated too much," says Schaefer. "But you need to own your career. Think not what can my boss do about this, and instead what can I do. And have a Plan B: Your employer really does owe you nothing except for that paycheck and the benefits promised you as long as you deliver."

## GOT CRAYONS CALGARY?

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get creative!

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## STUDY Getting bigger? Your work may be to blame

New research has found a link between our jobs and our waistline.

According to researchers in Australia, people whose work days require constant decision-making are at greater risk of expanded waistlines compared to their counterparts.

Conversely, workers who exercised control by regularly applying their skills to their jobs — known as skill discretion — were found to have lower BMI and a smaller waist size.

Skill discretion is measured by factors such as the development of new skills, task variety, creativity and learning new things.

The overarching conclusion from the study, published in the journal

Social Science and Medicine, suggests that the two aspects of job control — decision-making and the application of skills — should be treated separately when evaluating levels of job stress and health.

"Many people point to 'eating too much and not moving enough' as the cause of obesity," said lead author Mr. Christopher Bean.

"While this might explain how weight gain often happens, it does not acknowledge things such as environmental, psychological, social or cultural factors — these are some of the important why reasons that obesity happens."

For the study, researchers from University of Adelaide, Central Queensland University and the University of South Australia analyzed data from 450 middle-aged participants who worked in both blue- and white-collar positions.

Along with health data (height, weight, waist circumference), participants provided information on the psychosocial qualities of their work.

The results show the nature of people's jobs and authority had different effects on their weight. AFP



# Don't fall into a debt depression

## MOVING FORWARD

### Focus on the upside of a financially healthy future

**Gail Vaz-Oxlade**  
For Metro Canada



Being in debt for a long time can sap your desire, motivation, and belief that you can ever be out of debt. It's what I call "debt fatigue," and it's insidious.

You don't think things can ever change. You don't believe there's any point to even trying. You'll never be happy. What do you do if you're already there?

Well, you can wallow, or you can accept that you're in an emotional cycle and kick your own butt to a new place.

Experiencing debt fatigue doesn't mean you'll never feel good again, it just means that the things you do to feel good about don't last very long and are often detrimental to your long-term financial health.

Any of this sound familiar?

Having debt is normal. Everyone has debt.

I'm so far in debt now, I might as well... go on holiday, buy this dress, fill-in-the-blank.

If I have to wait to get out of debt to buy (whatever), I'll be old and grey.

The next time you're feeling defeated by your debt, put your logic into drive and your emotions into neutral. The feelings will pass if you stay on the path toward your goal. That assumes, of course, that you have a goal.

If you haven't started down the track to living debt-free forever by taking even the smallest step, what are you waiting for? Nothing will change until you take a step forward. It's time to

make a plan and get with some people who have been where you are now. A friend, a family member, a co-worker or two who have taken this journey can help you. Talk about your debt. How it makes you feel? And what you want to do about it? Get it out in the open. Commit to doing something differently.

Having a few positive people on your side is a great way to defeat debt fatigue. Since we know that thoughts — both positive and negative — are contagious, surrounding yourself with people who are on track to achieve their goal of being



**Having a few positive people on your side is a great way to defeat debt fatigue.**

life. Count yourself fortunate. Be grateful. Change from focusing on what's missing to seeing what you do have.

Remember to count your successes along the way. This is an important part in not getting weighed down by how far you have to go. Use charts to plot your progress. Have small celebrations each time you hit a milestone. Give yourself

a hug for what you've achieved, instead of a kick for how far you still have to go.

If you're serious about moving forward, if you're tired of feeling tired with your debt and want to get to a better place, action is required.

Once you get some results, you'll build momentum and positive thinking will come easier.

But you have to take that first step.

For more money advice, visit Gail's website at [gailvazoxlade.com](http://gailvazoxlade.com)

debt-free forever will help clear your path.

While you're on your journey, if you focus in only on what you don't have — what you've given up to find money to pay off your debt, or what you can't have because you're broke — you'll deepen your debt depression. Consider everything that is good in your

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# Lucrative biz of Christmas music

## RADIO

**Stations see 81 per cent jump in ratings with holiday tunes**

**Alan Cross**  
For Metro Canada



Even though the Halloween decorations still haven't been taken down, Christmas creep has begun.

It won't be long before we're smothered by Mariah Carey's *All I Want for Christmas is You* and *The Christmas Shoes*, the death-by-treacle classic. Past data suggests that both songs will be streamed on YouTube more than 1.75 million times between Nov. 1 and Dec. 31.

And then there are all the times the songs will be played on the radio, a situation exacerbated by the dozens of radio stations that change to an all-

Christmas format leading up to the end of the year.

On-air staff hate this time of year. Salespeople love it.

All-Christmas playlists bring in huge, huge ratings, especially for outlets that already have a reputation as being the "music at work" station in a given market.

The annual flip to Christmas almost always sees those stations rocket far, far past the competition. According to 2014 data from Nielsen, the average — average! — 24/7 Christmas music-playin' adult contemporary station saw a ratings jump by 81 per cent.

That massive (albeit temporary) ratings number is more than enough to help the station sustain revenues over the always challenging winter months. From a financial point of view, moving to an all-Christmas format is a no-brainer.

But timing is key. When should a station abandon its regular format for Christmas music 2/4? Mid-November? The day after Halloween? Earlier?

At least two stations have already made the flip. WEBC-AM 560, a Duluth sports station, and its FM companion, FM 106.5 (now branded Ho Ho Ho 106.5), went all-Christmas Oct. 7. Extreme, yes, but as of Sept. 25 — three full months before Christmas and before any of the trees started to turn — sister stations WENN 1320 and 100.1 FM in Birmingham, Ala., dropped their regular programming and went all-Christmas. Management promises to run this music commercial-free until Dec. 25.

Obviously if these stations can run without commercials for that long during one of the busiest times of the year, they're already in the ratings dumpster, so what does management have to lose? Come the end of the year, they might be running 1 and 2 in the market.

Two stations playing *The Christmas Shoes* in high rotation for nearly a 100 days? Be thankful you don't work there. After all, Alabama is an open-carriage state.

**October 31**



What a difference a day makes for what's in heavy rotation on the radio. HANDOUT/GETTY IMAGES

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Justin Bieber apologized on Instagram after cancelling a show in Oslo. ALL PHOTOS GETTY IMAGES

# Bieber still a brat: Storms offstage

## TANTRUM

**Meltdowns continue as singer's fame only grows**

**Ned Ehrbar**  
Metro | Hollywood



For the second time in a week, Justin Bieber stormed off stage and ended a gig early, this time in Oslo, Norway during a show

that was being taped for television.

One song into the gig, Bieber took a moment to try to mop up a spill at the front of the stage, but when audience members there wouldn't listen to him, he turned abruptly, whipped off his headset and left the stage, saying, "Never mind. I'm done, I'm not doing the show."

The crowd, obviously, was a bit confused. This is great, just great. What's also great? His apology on Instagram. Bieber — or, obviously, someone who works for Bieber — posted a lengthy mea culpa, and it's al-

ways entertaining when the pop star clearly doesn't write something himself.

You can tell because the grammar is pretty decent and it usually includes a little passive-aggressive Bieber-bashing: "Sadly it's been a rough week for me — long days, no sleep while having to be 'on,' as they would say, for cameras and fans," the post reads. "I don't always handle things the right way but I'm human and I'm working on getting better at responding not reacting."

There's a whole lot going on in there.

## PETITION

# Raven-Symone review

This might make you question the effectiveness of the whole online petitioning approach to things. A rep for ABC has responded to a Change.org petition signed by more than 120,000 people demanding that Raven-Symone be axed from The View following her comments about "ghetto" names and the Spring Valley High School assault incident.

"African Americans and black people around the Diaspora need a voice representative of their views and not a voice representative of what white people want

us to say," the petition states. "We need strong black role models in prominent positions on television and Raven-Symone cannot provide that."

So what does ABC think of the complaint?

"We love Raven," a statement reads. "She is confident, genuine and opinionated, all qualities that make her a great addition to the panel."

I'm going to take that as a no.

NED EHRRBAR/METRO HOLLYWOOD



## GOSSIP BRIEF

### Boy George backtracks after kiss and tell

I honestly don't know what to believe with this one. While taping an episode of The Voice U.K., Boy George blurted out a juicy piece of '80s pop music gossip: "I've slept with Prince," he bragged to fellow judge Paloma Faith, according to the Sun, prompting producers to quickly halt the taping.

"We just couldn't believe what he had come out with — and the guys in the gallery were beside themselves. The crowd



went absolutely wild because they thought they had just witnessed a massive celebrity exclusive," a source says.

"Production staff had to come up on stage and speak to them. After that Boy George started backtracking saying he hadn't really slept with Prince and that in reality he just had his poster on his wall. But as far as the crowd were concerned, the cat was already out of the bag." Oh my. NED EHRRBAR/METRO HOLLYWOOD



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## Eskis lock up first place

CFL

### Edmonton ends regular-season sked winners of last eight games

It's a case of hurry up and wait for the Edmonton Eskimos.

Derel Walker reeled in three touchdown passes as the Eskimos completed their race through the second half of the season to secure first place overall in the CFL and a bye week before hosting the West Division final with a 40-22 victory over the Montreal Alouettes on Sunday.

The Eskimos (14-4) finished off regular-season play with eight consecutive wins for the first time in 33 years.

With a bye in the final week of the regular season, the Eskimos won't return to action until Nov. 22.

"It feels good being able to walk off the field knowing that we're the winningest team right now in the league and we won the division," said Eskimos head coach Chris Jones.

"Now it's time to take a few days off, rest our minds, rest our bodies, come back and make a run at this thing."

The Alouettes (6-11) were officially eliminated from playoff contention with the loss. It ended a run of 19 straight playoff appearances, the second-longest in CFL history.

"It's disappointing," said Montreal receiver B.J. Cunningham, who caught two TD passes. "We were hoping to get on a little



Derel Walker hauls in one of his three touchdown catches against the Alouettes on Sunday. JASON FRANSON/THE CANADIAN PRESS

playoff run and win this game and go on to the next one still alive. But we got stopped short. It's time to start building for next year."

Edmonton scored on its first two possessions, getting a 32-yard field goal from Sean Whyte before quarterback Mike Reilly found Walker for a six-yard touchdown pass. Walker passed 1,000 yards receiving earlier in

#### SUNDAY In Edmonton

**40** **22**  
ESKIMOS ALOUETTES

the opening quarter and would go on to set a new rookie record for receptions.

"This is my first 1,000-yard sea-

son ever playing football," Walker said. "That's a great accomplishment for me. I'm very proud. And tonight I'm very proud of this team. It's been an exciting year for this organization and I'm just glad to be a part of it."

The Eskimos took the lead for good to start the fourth on a six-yard TD pass to Walker that made the score 26-22 following Whyte's extra point.

Walker scored his third touchdown of the game with nine minutes to play, hauling in a 28-yard pass.

Montreal was closing in, but Tanner Marsh fumbled just before the goal line, with Otha Foster recovering for the Eskimos in the end zone.

Edmonton added a last-minute three-yard TD run by Chad Simpson. THE CANADIAN PRESS

#### + AT MCMAHON

##### Stamps rough up Riders

The Calgary Stampeders improved to 13-4 after a 42-19 win over the visiting Saskatchewan Roughriders on Saturday.

Eric Rogers paced the Stampeders with pair of touchdown catches. With 96 receiving yards in the game, Rogers padded his league-leading total to 1,448.

Running back Jerome Messam rushed for 121 yards and a two-point convert in his first game since the Riders dealt him to Calgary on Oct. 14.

## Redblacks beat Ticats in kicking contest

Ottawa kicker Chris Milo hit all four field-goal attempts, and the visiting Redblacks moved into first place in the CFL East Division with a 12-6 win over the Hamilton Tiger-Cats on Sunday.

Ottawa (11-6) secured a home playoff game with the victory, and can wrap up first place in the division with a win at home against Hamilton next week. Should Hamilton (10-7) win that game, first place will be decided by the aggregate score of the head-to-head series.

Milo hit field goals from 35, 16, 24 and 30 yards. Hamilton kicker Justin Medlock hit both his field-goal attempts, from 45

#### SUNDAY In Hamilton

**12** **6**  
REDBLACKS TIGER-CATS

and 18 yards.

Scoring was at a premium on a blustery day in front of 24,340 at Tim Hortons Field. There were no touchdowns in the game. Hamilton defensive back Brandon Stewart appeared to score on a pick-six off Henry Burris with 5:05 left to play, but it was called back on penalties.

THE CANADIAN PRESS



The Tiger-Cats' Craig Butler sacks Redblacks quarterback Henry Burris on Sunday. PETER POWELL/THE CANADIAN PRESS

#### IN BRIEF

##### Homan regains Masters title over Sweeting

Rachel Homan has taken back the Masters title.

Homan and her rink from Ottawa downed defending champion Val Sweeting 6-4 in the women's finals Sunday for her third Grand Slam of Curling Masters championship in the past four years.

Homan won the event in 2012 and 2013 before being knocked off in last year's semifinals by Sweeting, who went on to win the tournament with her Edmonton foursome.

Earlier in the day, Mike McEwen won the men's title with a 5-3 victory over Jim Cotter.

THE CANADIAN PRESS



Rachel Homan  
GETTY IMAGES FILE

##### Price-less Habs top Jets

Tomas Fleischmann scored twice and added an assist to lead the Montreal Canadiens to a 5-1 win over the Winnipeg Jets on Sunday night at the Bell Centre.

Paul Byron, David Desharnais and Lars Eller also scored for the Canadiens (11-2-0), who remain unbeaten on home ice this season.

Chris Thorburn scored for Winnipeg (7-4-1).

Mike Condon made 18 saves in place of Carey Price, who will be out at least a week with a lower-body injury.

THE CANADIAN PRESS

##### Raptors improve to 3-0

Jonas Valanciunas scored 19 points and Patrick Patterson added 16 as the Raptors downed the Milwaukee Bucks 106-87 Sunday to extend Toronto's perfect start to the NBA season.

It's Toronto's first 3-0 run out of the blocks since 2008-09. Milwaukee, meanwhile, is winless in three.

The win moved Dwane Casey past Sam Mitchell for most victories (157) by a Raptors coach.

THE CANADIAN PRESS





Patrick Chan after his skate. JONATHAN HAYWARD/THE CANADIAN PRESS

# Chan-tastic return for a champion

FIGURE SKATING

## Three-time world titlist triumphant at Skate Canada

He may be a three-time world champion, but there was little about his comeback that came easy for Patrick Chan.

Uncertainty nagged at him all summer, right up until the moment he stepped onto the ice Saturday in Lethbridge, Alta.

And the morning after he made his return to competition with a massive exclamation mark, winning Skate Canada International, the 24-year-old talked about the past few roller-coaster months.

"A lot of frustrating weeks and days," Chan said.

Chan walked away from competition after the Sochi Olympics, where he won silver. But a few months into his hiatus, he began missing the sport, its camaraderie and the day to day routine.

But regaining his big jumps — the quad and triple Axel — was tough. Other than fooling

### + O CANADA!

#### Three gold medals

Patrick Chan's victory capped a triple gold medal performance for the Canadian team. Kaitlyn Weaver and Andrew Poje won the ice dance, and Meagan Duhamel and Eric Radford captured the pairs title.

around in practice on show tours, he hadn't done a serious quad in more than six months.

After a pep talk from coach Kathy Johnston, he went out and laid down a beautiful long program to Chopin, opening with a huge quad-triple combo, followed by a textbook triple Axel.

He tripled his second planned quad, but it was the only blip on a program that saw him score huge marks across the board.

When the music ended, he buried his face in his hands.

"I got overwhelmed with emotions," he said. "I felt like I owed people something, felt like I wanted to prove something to people, that I'm back and I wanted to skate well for them." THE CANADIAN PRESS

### NFL

#### Brees, Saints prevail in show of aerial warfare

Drew Brees passed for career highs of 511 yards and seven touchdowns, and recently signed Kai Forbath kicked a 50-yard field goal as time ran out Sunday, giving the New Orleans Saints a 52-49 victory in a game with a record 13 scoring passes. Eli Manning hit on a

career-high six touchdown passes, three to fellow New Orleans native Odell Beckham Jr., but New York (4-4) fell for the second time in three games.

Brandin Cooks and Willie Snead each had two touchdown catches for the Saints (4-4), who have won four of five after an 0-3 start.

THE ASSOCIATED PRESS

RUGBY

# All Blacks coach uncertain of his future

### + REPEAT

New Zealand became the first team to retain the Rugby World Cup after holding off a second-half comeback by Australia to win 34-17.

year he'll see if it's a good idea to carry on. "My gut feeling tells me it won't be," he said.

Hansen joined the All Blacks

management as an assistant to Graham Henry in 2004, and took over after the 2011 World Cup was won. On his watch, the All Blacks have lost only three times, and became the first team to retain the Webb Ellis Cup on Saturday at Twickenham.

But he wasn't sure if staying on past 2017 was good for the team.

"And if it's not right for the team then I don't want to do it," he said. "That's our guiding principle. What comes first is

the team. I'd love to coach the All Blacks until the day I die — it's the best job in the world as far as I'm concerned as a rugby coach."

Neither was he interested in coaching anywhere else. Before the All Blacks, he guided Wales in 2002 and led it to the 2003 World Cup quarterfinals.

"Now that I've coached the All Blacks, I couldn't coach anyone else," he said, though he added he wouldn't take himself off the market. THE ASSOCIATED PRESS

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## RECIPE Coconut Lentil Soup



PHOTO: MAYA VISNYE

**Ceri Marsh & Laura Keogh**  
For Metro Canada

- 1 big handful of fresh spinach, sliced into ribbons
- Juice 1/2 lemon
- Salt and pepper to taste

This seductively aromatic recipe makes a big pot of soup. Bust out your Thermos and take it to work tomorrow!

**Ready in**  
Prep time: 30 minutes  
**Serves 6**

### Ingredients

- 1 Tbsp olive oil
- 1 onion, diced
- 2 large carrots, peeled and diced
- 2 cloves of garlic, minced
- 1 Tbsp fresh ginger, minced
- 1 Tbsp curry powder
- 1/2 tsp each cinnamon and cumin
- 1/3 cup tomato paste
- 4 cups vegetable stock
- 3 cups water
- 1 can coconut milk
- 2 cups dried red lentils

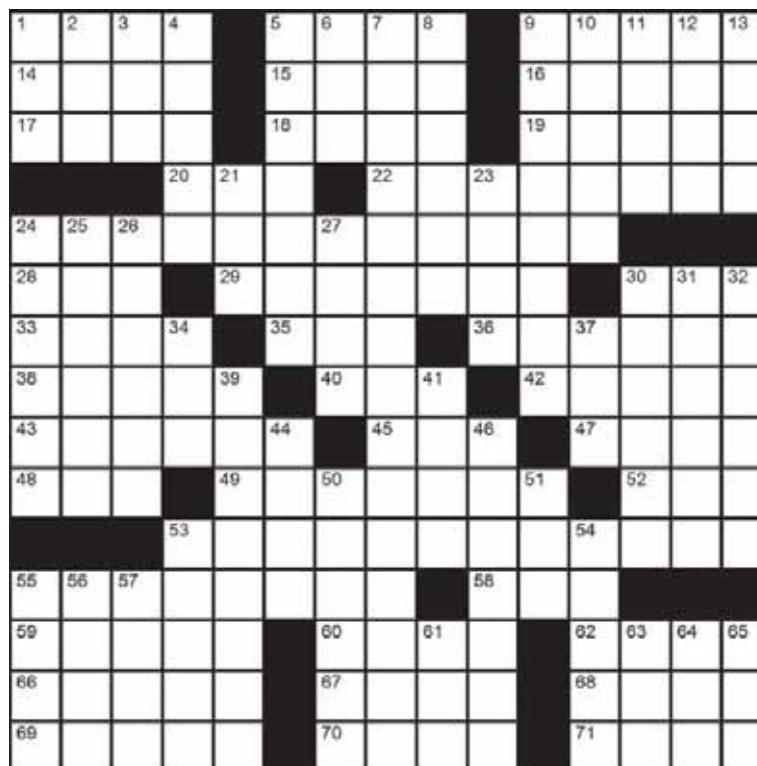
### Directions

1. Heat oil in a big pot over medium heat. Add onions and carrots and cook until they begin to soften, about 3 minutes. Toss in garlic, ginger and spices. Stir and cook for another 3 minutes. Then add the tomato paste and stir again.
2. Pour in the stock, water, coconut milk and lentils. Give everything a good stir and let it simmer — not boil — for about 25 minutes. Taste to check that lentils are tender.
3. Throw in the spinach and stir it around until it just wilts. Add the lemon juice and taste before adjusting for salt and pepper.

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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



### ACROSS

1. Make the shoes shine
5. Slang-style smokes
9. \_\_\_ a good start (Things have begun well)
14. \_\_\_ Mountains (Range in Russia)
15. "...friend or \_\_\_?"
16. Not as confined
17. Tulip tune's Tim
18. John \_\_\_ (Lorna Doone's beloved in literature)
19. Wild
20. Naught
22. Friendly
24. Canadian action hero in comics during World War II; 2 wds.
28. Antacid brand
29. Lift
30. Lightning \_\_\_
33. Ms. Sofer the actress
35. Compass pt.
36. Major road
38. Signs
40. 24-hr. banker
42. Romantic material
43. President George Washington's wife
45. Fellows
47. Capital of Latvia
48. N n n N n
49. Emulates Alexander Graham Bell
52. Pick-up-sticks game
53. Victorian home music-maker; 2 wds.
55. Mardi Gras torch

58. Pallid
59. "Try" by Blue \_\_\_
60. Software test version
62. Partners for Tacs (Mint candies)
66. \_\_\_ squash
67. King of a tragic Shakespeare play
68. Bounce back

69. Cup: French
70. Nurse in Alice Munro short story 'The Love of a Good Woman'
71. Existent

### DOWN

1. Nothing \_\_\_ the best
2. One of Switzerland's

- land's Four Forest Cantons
3. Autograph seeker
4. Actress, Lara \_\_\_ Boyle
5. Town called 'The Cornerstone of Saskatchewan'
6. "Don't mind \_\_\_

- do." (Thanks for the offer)
7. Royal anthem: 4 wds.
8. City in Arizona known for its red sandstone
9. Police people
10. "Super \_\_\_" by Rick James

11. "Phineas and \_\_\_"
12. Blue/green
13. Knight's heraldic wreath
21. 'Benedict' suffix
23. \_\_\_ piece of cake
24. Saint-\_\_\_ (City leading into the Laurentians of Quebec)
25. Kind of band or show
26. Skills sharpeners
27. Pro wrestler, John \_\_\_
30. Eye part
31. Beginning
32. Bundle of energy
34. Army bug
37. Driveway's topping
39. Locale on a leg
41. Item given to the restaurant patrons
44. Gambler's input
46. Cruise ship attendant
50. Feasible
51. Fluffy white bathrobes establishment
53. Citizens in The States, briefly
54. Prefix with 'continental'
55. Campus house, e.g.
56. Ricky Martin's 'Livin' La Vida \_\_\_'
57. Bustles
61. Mai \_\_\_ (Cocktail)
63. Fire and \_\_\_ (Robert Frost poem)
64. Dance style, when repeated
65. Pine-\_\_\_ (Cleaning brand)

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You must be scrupulously honest. You stand to lose a lot if partners and business associates get the impression that you cannot be trusted.

**Taurus** April 21 - May 21  
You may get upset and emotional about something today but later in the week it will baffle you as to why you lost control. In partnership situations try to give others the benefit of the doubt. They are not deliberately trying to annoy you.

**Gemini** May 22 - June 21  
You may disagree with what certain people say or do but don't get worked up about it. They are hoping you will get angry so they can use it as an excuse to move against you.

**Cancer** June 22 - July 23  
There are things you can do on your own and things that have to be done in partnership with other people. What happens today will draw a clear, thick line between the two and you ignore that line at your peril.

**Leo** July 24 - Aug. 23  
What happens next will impact both your work and your home life. Don't let the pressure get to you. Stay calm and you will be one of life's winners.

**Virgo** Aug. 24 - Sept. 23  
If you're feeling down the answer is to get busy on something that requires the full use of both your brain and your body. A social invitation may be tempting but it's not right for you, so give it a miss.

**Libra** Sept. 24 - Oct. 23  
Keep a tight hold of your cash because the planets warn there will be a lot of temptations. If you go over the top financially now you could regret it, so be careful.

**Scorpio** Oct. 24 - Nov. 22  
It is quite likely that your self-control will crack today and you will say or do something drastic. Don't hate yourself for losing your cool. Scorpios have feelings too.

**Sagittarius** Nov. 23 - Dec. 21  
It may seem as if time is running out and that the harder you work the less you seem to complete. But is that such a big deal? It's quality work that counts. Do what you can and do it well.

**Capricorn** Dec. 22 - Jan. 20  
Even friends and family will be touchy as the new week begins, don't overreact. Capricorn is such a self-controlled sign that it's unlikely you will go to extremes.

**Aquarius** Jan. 21 - Feb. 19  
It may seem as if you are losing ground to your rivals but it isn't true, so don't panic. Cosmic activity in one of the more confrontational areas of your chart is making things look worse than they actually are.

**Pisces** Feb. 20 - March 20  
Stick to the facts — if you make things up you will be found out and it will be embarrassing. You may have the gift of the gab at the moment but if you are smart you will not abuse it.

### CONCEPTIS SUDOKU by Dave Green

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# A few simple steps can prevent carbon monoxide poisoning

Complete the following checklist to help **prevent** carbon monoxide in your home.

- ☐ Fuel-burning appliances (i.e. furnace, hot water heater, fireplace, natural gas range, etc.) checked by a qualified technician regularly according to manufacturers' specifications.  
*Last inspection (date):* \_\_\_\_\_
- ☐ Furnace filter checked monthly and replaced (if necessary).  
*Date last replaced:* \_\_\_\_\_
- ☐ Indoor and outdoor vents and chimneys cleared of debris, snow and ice (if necessary).
- ☐ Area around fuel-burning appliances clutter free.
- ☐ Flame of all natural gas appliances checked regularly (it should be blue).
- ☐ Adequate air supply (nearby window opened) when using a wood-burning fireplace.
- ☐ Vehicles never idled in garage, even with the overhead door open.

Complete the following checklist to **detect** carbon monoxide in your home.

- ☐ CO detector(s) installed and maintained according to manufacturer's instructions.
- ☐ Expiry date written on CO detector(s) with a marker.  
*Date of expiry:* \_\_\_\_\_
- ☐ CO detector(s) battery replaced annually, if applicable.
- ☐ CO detector(s) vacuumed monthly.

Visit **ATCOGas.com** for more information and to download the checklist.



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